

ACTIVITY # 1:

POEMS



Share a poem. Begin each line with “I am from...” and use the poem to express who you are. What games do you enjoy? Who do you live with? Where do you like to go? What foods do you love?



Tip: Did you know, there is a global “I am from...” poetry project? Check it out with this QR code!



Take a selfie with your postcard and share what you’ve written: activities@bridginghistories.com or [@HistoryBridging](https://twitter.com/HistoryBridging)



ACTIVITY # 2:

RECIPES

We all love food, and the foods we eat say a lot about who we are and where we come from. Share your favourite recipe and a story to go with it.



Tip: If you're a child, who cooks your favourite food? Ask them to teach you the recipe. Does this recipe have a history? Where does it come from?

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ACTIVITY # 3:

STREET HISTORIES



Have you ever wondered about the history of your street? Have a look at the 'Know Your Place' website. Find your street on the map. Then click on the Basemaps menu to see what your area looked like long ago. Tell us what you find.



Tip: Find 'Know Your Place' here:



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ACTIVITY # 4:

FAMILY HISTORIES



Have you ever wondered where your family comes from? Find out something new about your family history and tell us about it here.



Tip: Don't know where to start? Try asking a parent or relative!

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ACTIVITY # 5:

BE A MONUMENT DETECTIVE



Monuments and memorials are all around us. Be a monument detective! Pick one close to you and find out all about it. What does your memorial look like? When was it made? What do you think was the inspiration for it? What does it mean to people today?

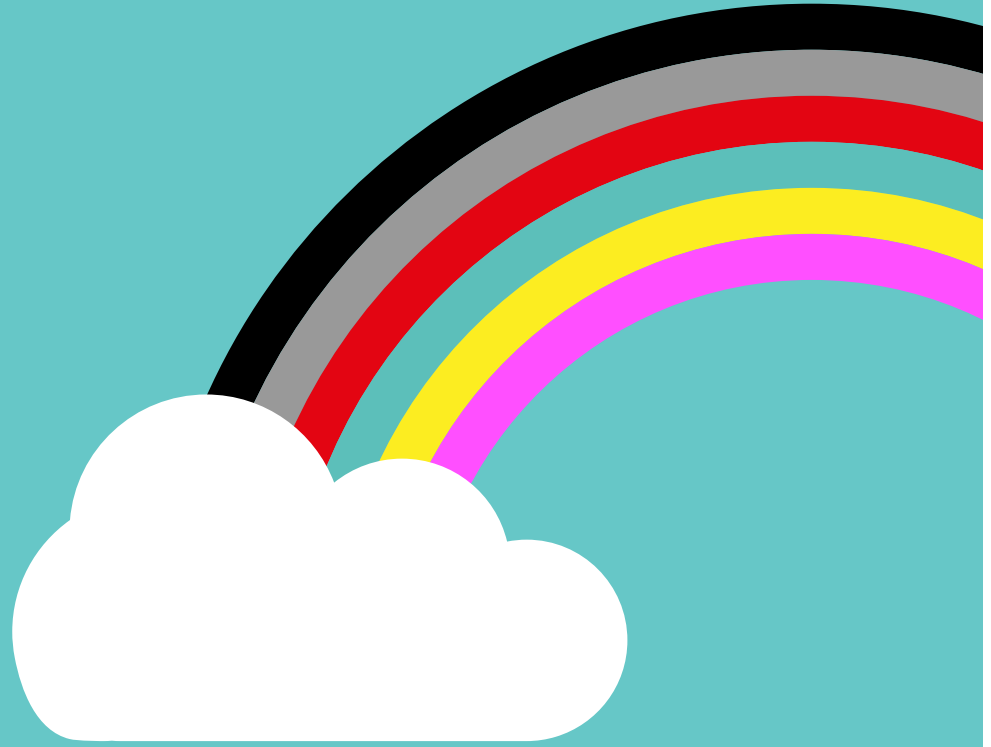


Tips: Don't just look for statues. Check out street names, murals, plaques or even gravestones.

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ACTIVITY # 6:

**BE A
CHANGEMAKER**



How can you make a difference? Make a plan for something you are going to do, to make a positive change in yourself or the world around you.



Tips: What's your goal? How will you achieve it? Top changemaking ideas will be eligible for a Changemaking award! Find out more here:



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